

PRESIDENT'S MESSAGE

Dear Members,

February was fabulous as an action packed month with emphasis on Cultural and Entertainment activities and sporting games in full swing that provided good fellowship for our members.



Congratulations to the Cultural Activities committee, Natasha Collaco, Penelope Bocarro, Anne de Souza and Marcelino D'Sa for the successful conduct of the Art and Elocution contest. The Art contest drew an enthusiastic number of contestants who displayed their creative skills. The Elocution contest was highly competitive making the task for the judges difficult.

The gymkhana was adorned for Valentines Day with red heart shaped balloons and "LOVE WAS IN THE AIR." Nilesh Dighe and Culinary Foods in collaboration with our F&B subcommittee created an opportunity to celebrate Love, by families spending quality time at The Palms and The Gyms Diner, with a specially curated menu over a candle light dinner. Guests were seen enjoying the delectable food. Valentines Day is not just romance between young people. Heartening to see 91 year old Brendan Pereira and his wife Therese who have been Valentines for 70 years, including 65 years of marriage, enjoying a candle light dinner with friends.

The Valentines Dance was well attended. The ROXY Band and Milonga Tango dancers and Argentine Tango performance were extremely entertaining and heart warming. I am sure their performance has won a lot of hearts.

Carnival represents the last period of feasting and celebration before the spiritual 40 days of Lent. CG celebrated Carnival with all the pomp and pageantry since it is an important cultural event in the Catholic Gymkhana calendar. Festivities included the grand arrival and parade with King Momo and Queen Mimi, with majestic costumes and music. Among the main characteristics were its flashy costumes, elaborate and colourful masks. Members and guests enjoyed an exuberant Carnival celebration.

I wish to thank our Entertainment subcommittee Dominic Godinho, Evette Malgi, Leslie D'Souza, Everilda D'Mello and Ralph Fernandes as well as the F&B subcommittee Karl Vaz, Aubrey Chatellier, Norton Stokes, Olavo Lobo and team members for making the Valentines and Carnival celebrations an enjoyable extravaganza for members and their guests. Thanks to our Hon. Treasurer Mr. Sanju Fernandes who was joined by the office bearers and Executive Committee members to rekindle the discussions with sub-committees on ways to delicately balance our Income and Expenditure of various facilities and activities.

I wish to express my thanks to the distinguished members of our Inquiry cum Disciplinary committee Senior Advocate Mr. Joaquim Reis, noted communications and Adman Mr. Roger Pereira and Advocate Mrs. Divya Malcolm for their time and patient hearing of all disciplinary matters that arise from time to time.

CG looks forward to MARCH ahead in the coming month.

Warm regards,

VERNON MIRANDA

Editorial team

Evette Malgi (Editor)

Ian Pereira (Sub-Editor)

Randolph Rodricks, Sailesh Divecha

Sarika Fernandes, Sylvester Chaves

Designed by: 

IN THIS ISSUE

Page 3

Dates to Remember

Page 4

Art Contest

Page 5

Elocution Contest

Page 6

Facilities at your Gymkhana

Page 7

Valentine's Weekend Dining

Pages 8 & 9

Valentine's Dance

Pages 10 & 11

Knowledge Worth Having Series

Pages 12 & 13

VIVA Carnival

Pages 14 - 15

The Grand Hall

Page 16

Gym Diner

Page 17

Housie

Page 18

Karaoke Nights

Page 19

Members Nite - Live Band Performance

Page 20

Important Notice

DATES TO REMEMBER IN **MARCH 2020**

01-03-2020	Mini Bumper Housie - 7:00 p.m. onwards
07-03-2020	Members Nite - 8:30 p.m. - Eve of Women's Day - Band: Walter Duo
08-03-2020	Mini Bumper Housie - 7:00 p.m. onwards
13-03-2020	Karaoke Night - 8.00 p.m. with KJ Peter Po
14-03-2020	Members Nite - Band: Enigma - 8:30 pm onwards
15-03-2020	Mini Bumper Housie - 7:00 p.m. onwards
21-03-2020	Members Nite - Band: TO BE DECIDED - 8:30 pm onwards
22-03-2020	Mini Bumper Housie - 7:00 p.m. onwards
27-03-2020	Karaoke Night - 8.00 p.m. with KJ Peter Po
28-03-2020	Members Nite - Band: Night Shift (Kenneth) - 8:30 pm onwards
29-03-2020	Knowledge Worth Having Series--Specialised Care for Senior citizens by Dr. Naganath Narasimhan Prem - 11:00 a.m. onwards
29-03-2020	Mini Bumper Housie - 7:00 p.m. onwards

DATES TO REMEMBER IN **APRIL 2020**

12-04-2020	Easter Bumper Housie - 7:00 p.m. onwards
12-04-2020	Easter Dance - Band: 2 Girlz & A Guitar - 8:00 p.m. onwards
25-04-2020	Annual Gymkhana Day - Mass at 7:15 p.m. followed by celebrations
2nd & 4th Fridays	Karaoke Nights - 8:00 p.m. onwards
Every Saturday	Members Nite - 8:30 p.m. onwards
Every Sunday	Mini Bumper Housie - 7:00 p.m. onwards

ART CONTEST CONDUCTED BY THE CULTURAL ACTIVITIES SUB-COMMITTEE WAS HELD ON SATURDAY, 1ST FEBRUARY, 2020

The Art Contest drew a good number of Contestants who used their creative abilities to illustrate the Theme specified for their Age Group. The Prize Distribution was held soon after the Contest ended and Contestants in each Age Group displayed their Artwork as they posed for a photograph with the Judge.



ELOCUTION CONTEST CONDUCTED BY THE CULTURAL ACTIVITIES SUB-COMMITTEE WAS HELD ON SATURDAY, 1ST FEBRUARY, 2020

The Elocution Contest that followed was quite competitive. After the Contest ended Contestants in each Age Group posed for a photograph with the Judge.



The List of Prize Winners in the Art & Elocution Contests is given below. As per the Rules of the Contests if only one Entry is received in an Age Group, Contest cannot be held in that Age Group but the Sole Entrant can submit his/her painting (Art Contest) / perform (Elocution Contest) and is given a Participation Prize and Certificate.

PRIZE WINNERS

ART (PAINTING / DRAWING / COLOURING) CONTEST

5 Years - 6+

Participation Prize:
Zoc Aaron D'Cruz

7 Years - 8+

1) Jaden Martis
2) Tanisha Lisa D'Lima
3) Shenade Joanna D'Souza

9 Years - 12+

1) Chenoa Ruth D'Souza
2) Tiffany Lobo
3) Neil Fernandes

13 Years - 16+

1) Mashona Fernandes
2) Marishka P. Fernandes
3) Joshua Mendes

ELOCUTION CONTEST

7 Years - 8+

1) Shenade Joanna D'Souza
2) Tanisha Lisa D'Lima
3) Andrea Fernandes

9 Years - 12+

1) Kiana Sasha Fernandez
2) Chenoa Ruth D'Souza
3) Freyan Captain

13 Years - 16+

Participation Prize:
Shalom Mendes



The Catholic Gymkhana Ltd.

47-A, Netaji Subhas Road, Mumbai - 400 002. © 22813260 / 22814755

E-mail: office@thecatholicgymkhana.com • Website: www.catholicgymkhana.com

Facebook Page: www.facebook.com/thecatholicgymkhana

The Grand Hall

for Weddings, Parties,
Socials, Conferences
and Events
(upto 300 pax)

The Palms

Our
Lounge Restaurant

Gym Diner

60 pax
Fine Dining restaurant.
Available for
Kitty parties too.

Gymnasium

Sports Diner

for Parties,
First communion parties,
Kitty parties
for 60 to 100 pax

Susegado

The Bar

Card Room

Open Air Courtyard

for Birthday parties and
Kitty parties
(upto 50 pax)

Badminton

Open Air Lawns

for Weddings, Events
and Parties
(upto 800 pax)

Library

Billiards & Snooker

Karaoke Night

every 2nd and 4th Friday
at 8:00 p.m.

Multi Sports

(Outdoors)

Housie

every Sunday
at 7:00 p.m.

Members Night

every Saturday
at 8:30 p.m.

Table Tennis

Various other events thru the year, especially during the Christmas season

MEMBERSHIP CURRENTLY OPEN

Please encourage your family and friends to join us

VALENTINE'S WEEKEND

Food is amazing at Catholic Gymkhana, that gets you Drooling.

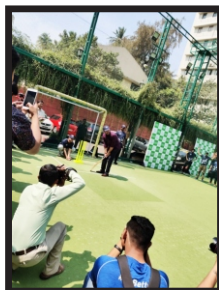


To make it more interesting, our Team F&B – Karl Vaz, Norton Stokes, Aubrey Chatellier and Olaf Lobo and Others together with our In-house Caterer Nilesh Dighe of Culinary Foods designed 2 Exquisite, Extraordinary and Enticing Menus, for The Palms and Gym Diner for Valentine's Day making Food a Symbol of Love and Adventure.

Yummy Yummy Yum Yum - CG Kitchen is seasoned with aspirations and expressions to pursue great flavours!!!

SPORTS MINISTER AT CG

Mr. Sunil Kedar, Minister for Dairy and Husbandry, Sports and Youth Welfare, who was at a function at the Sports Diner, visited our Multi Sports facility on Saturday 22nd February 2020.



VALENTINE'S DAY DANCE

Catholic Gymkhana hosted the Talk of the Town - Valentine's Dance on Saturday, 15th February 2020.

The Décor added to the excellent ambience. A sea of Dancers swaying in Black & Red.

The evening started with Argentine Tango Milonga with TANGO DJ Nayan who shaped the evening. The music played by TDJ Nayan was absolutely Key, Intense and impossible to separate from the dance itself. He made the final Tanda special.

The Milongueros expanded the Music into spatial and visual dimensions, bringing their own perfectionism to Tango. No single experience can be as fascinating as this Dance, which is labyrinthine, yet so simple. It is rightly said that Tango is the Everest of Social Dance - Intricate and Irresistible.

A Grand Performance by the Duo – Kruti and Ajinkya - the First Argentine Tango Couple to have performed in Greece. It was mesmerising to watch Kruti and Ajinkya dance this amazing Scintillating Tango that kept the audience Connected, Captivated and Captured hearts.



The tempo rising – a perfect platform for Valentine Dance which was enlivened by Band Roxy and DJ Malaika. Roy and his Band played non-stop music for all ages and times and the Grand Hall was the Dancers Paradise. Good Music made people want to dance for an Awesome Audience.

To add to the beautiful moments, nothing better than slices of plum cakes – kind courtesy, Catholic Gymkhana.

Selfie Point was an added attraction. All Ages streaming and queuing for Selfies.

Nisha Gomes, a Member of the Catholic Gymkhana, went an extra mile to coordinate the entire event. We thank you Nisha for your initiative and support in making this event memorable.

Members, we welcome your initiatives and involvement. It is your presence that makes your Catholic Gymkhana the 'Most Happening Gymkhana'.





The Catholic Gymkhana Ltd.
presents

“KNOWLEDGE WORTH HAVING”

Series 8

(A Managing Committee Initiative)



**LIFE CAN BE WORTH LIVING
- even at 60 and above!**

**A Talk on
Specialised Care of Senior Citizens**

By

Dr. Naganath Narasimhan Prem

At any age you can learn how to establish a strong framework for holistic elderly care through comprehensive multi-disciplinary assessment and inter-disciplinary intervention both at hospital and home.

**on Sunday, March 29, 2020
at 11:00 a.m.**

Followed by Subsidised Lunch

The Managing Committee of The CG invites you to an interesting and enriching talk to be presented to you by the eminent and well known **Dr. Naganath Narasimhan Prem**, Head of the Department Geriatric Medicine / Elderly Care Specialist, Department of Geriatric Medicine, Jaslok Hospital, Mumbai. Dr. Naganath Narasimhan Prem has an experience of 8 years in the field of Geriatrics. He is MD, Geriatric Medicine from Amrita Institute of Medical Sciences and has done a senior residency at the Department of Geriatric Medicine, All India Institute of Medical Sciences (AIIMS), New Delhi.

Date : Sunday 29th March, 2020 at 11.00 a.m.

Venue : The Catholic Gymkhana Ltd. The Grand Hall

Members and Guests entry : FREE

Subsidised Lunch : Rs. 250/- per head

Members are requested to pre-register their attendance by indicating their name, membership number, contact number, email id and number of persons from their Family/ Guests attending the talk which will be followed by a special subsidised lunch. This registration is desirable to facilitate seating arrangements as well as help the caterer to make arrangements for the optional buffet lunch. You are requested to kindly contact Vanita or Christopher at The Catholic Gymkhana Office on **022-22813260 or 022-22814755 by Thursday, 26th March, 2020** to avail of the subsidised lunch for you and your guests. You may also write into The Catholic Gymkhana and confirm the same at **office@thecatholicgymkhana.com**

PROGRAMME

- 11.00 a.m.** : Register. Payment for optional Lunch to be made at the Registration Counter. Join us for Tea / Coffee and Biscuits.
- 11.25 a.m.** : Participants assemble in THE GRAND HALL for the talk by Dr. Naganath Narasimhan Prem
- 11.30 a.m.** : Vernon Miranda welcomes Dr. Naganath Narasimhan Prem
- 11.35 a.m.** : Introduction
- 11.40 a.m.** : What is Geriatrics, Assessment and pathway to successful ageing, Dr. Naganath Narasimhan Prem Consultant Geriatric Medicine, Elderly Care Specialist Department of Geriatric Medicine Jaslok Hospital
- 12.15 p.m.** : Successful ageing and Myths of Ageing - Ms. Amruta Lovekar Gerontologist
- 12.45 p.m.** : Discussion, questions and interaction
- 01.15 p.m.** : Vote of Thanks
- 01.20 p.m.** : Members and Members' Guests proceed for the Buffet Lunch.

VIVA CARNIVAL

The Catholic Gymkhana Ltd hosted the much awaited Grand Extravaganza ‘ VIVA CARNIVAL 2020’, on Saturday, 22nd February, 5.00 pm onwards.

The entire lawn was lit up and elaborately decorated in rainbow colours. Adorned with Nifty Colourful Dresses with Masks, Caps and Colourful stoles that brought in the Festive & Cultural Spirit.

The evening started with Sun Downer by DJ Val and his Peppy Konkani Songs. It is always fun times with Compere Francis, who set in the mood and did wonderfully. Children pranced around and participated in games and dances. Prizes were given to the Winners and many Spot Prizes distributed.

King Momo, a mythical king ushered in the carnival with a message of “dance, music, fun and frolic” i.e. “KHA, PIYE AANI MAJJA KAR”. King Momo with Queen Mimi led the March followed by a Vibrant Musical Parade of Members of Managing Committee, Sub-committees, Folk Dancers, Disney Mascots, Moon Walkers, Tattoo Artists, Performers for the evening, children and grown ups in Carnival Attire. The Brass Band brought in a feeling of Royalty.



This Grand Carnival had a number of events. Music bands and singers, agile dancers, jugglers, mascots and a lot more. The highlight for the evening was the Jubilant and Groovy Dance Performance (KIZOMBA) by Saleen and Shanelle. Shanelle set the Stage set ablaze with her Belly Dancing

The festive beats of Willy and the Big Town Boys featuring Nightingale Bernice left an indelible impression in our hearts. The air filled with the Spirit of Fun & Frolic one experienced the Flair & Flamboyance of the Carnival. Families and friends bonded over Lip Smacking Food to tease the revelers' palettes - Tawa, Tandoori, Chinese, Goan, East Indian and Continental dishes, cakes & pastries from the well set up Food Court – A Culinary Delight.

Besides food, one could see a bee line at other stalls selling jewellery especially East Indian designs, branded cosmetics, designer wear gowns and salwar suits.

Seeing is Believing, Foot Reflexology given by Trained Blind therapist was the ultimate experience.

To experience Goa's Portuguese Culture and Contemporary Entertainment, the entry to the CARNIVAL was absolutely FREE for MEMBERS and with Members Guests it was a WOW 800 pax.

It is a Wonderful World - ENJOY AND SPREAD HAPPINESS.



GRAND HALL

Contemporary and Elegant Interiors set the Catholic Gymkhana Grand Hall apart.

It is well located to suit different occasions and celebrations. It offers a unique, modern, luxurious experience that accommodates up to 300 pax, and seating can be strategically placed as per your requirement.



Image Courtesy: Keenan Pereira (Member)



Image Courtesy: Keenan Pereira (Member)

The Grand Hall is best suited for all celebrations - Birthday and Communion Parties, Engagements, Weddings & Anniversaries, Cocktail Dinners & Celebrations. Also to hold Training Programmes, Exhibitions and Brand Promotion Activities.

We have a team of creative catering with Culinary Foods that caters to Cuisine of your choice. Our Chefs will create a perfect menu for your special day.



COME & EXPERIENCE IT





The Catholic Gymkhana Ltd.

presents



GYM DINER

Now
Open!! 60 Pax Fine Dining
Restaurant

Friday to Sunday
and All Public Holidays
7:30 p.m. - 11:30 p.m.

on the
2nd Floor

BINGO!

Get Lucky and Win Big every Sunday

Be in your seats sharp at 7.00 pm. For 'Bas Karo Ji' in Housie Parlance that is No. 3

Be the Lucky Winner of Fabulous Prizes to be won

- Bucket Luck Hampers
- Cash Prizes

and just remember
Diamonds are Forever!

The Catholic Gymkhana Ltd.
presents
MINI BUMPER HOUSIE
All Sundays 7:00 p.m. onwards
For Members and Members' Guests

KARAOKE NIGHTS

Learn Actual Words to Song at Karaoke Nites every **2nd & 4th Friday** of the month is a Blast.

No Cover! No Attitude!

Be a crooner to your own song while you Relax and enjoy the ambience at 'The Palms'.

Sing aloud 'What a Wonderful World'.... this is your Day with your Popular Host - KJ Peter Po



MEMBERS NITE

– Saturday Nites are Euporic!!!

The eclectic Saturday Nites pays testimony to all tastes and ages. It sparks an atmosphere of unforgettable nights.

The Live Band music vibe is predominantly 70's and 80's pop classic, waltz, rock-n-roll, rumba, salsa and the most popular hip-shaking Bollywood dancing.

An air of vibrancy pulsates infectiously throughout the evening.

See you Dance to the groovy tunes - Make Your Move -Experience Eurporia at the Dance Floor.





IMPORTANT NOTICE

At the Managing Committee meeting held on Thursday, 16th January, 2020, the following was unanimously agreed and passed:

With effect from 1st April 2020 Rules regarding SMOKING & CHEWING / SPITTING TOBACCO / PAAN PRODUCTS, will be strictly implemented as follows:

SMOKING

Smoking will not be permitted anywhere in the Gymkhana building premises. Those who wish to Smoke will need to do so only at the “SMOKING ZONE” which is outside the Reception area on the ground floor. This area will have standing ashtrays with sand.

CHEWING / SPITTING TOBACCO / PAAN PRODUCTS

Kindly note that Chewing / Spitting Tobacco / Paan products is strictly prohibited in the Gymkhana premises.

Any Member / Members' Guest found violating the above rules pertaining to Smoking and Chewing / Spitting Tobacco / Paan rules will be fined ₹ 500 for the first offence and ₹ 1000 for every subsequent offence.

We request all Members / Members' Guests to co-operate and observe the above rules in order to maintain a safe and clean Gymkhana.

The harmful effects of passive smoking and the danger of fire caused by smoking indoors are simply too great to ignore.

Sd/-

Norbert Pereira

Hon. Gen. Secretary